

OLA COACHING DEVELOPMENT MODEL

LEVEL	STANDARDS	CERTIFICATION REQUIREMENTS	CONTEXT
<i>Parent Guide to Lacrosse in Ontario</i> seminar	<ul style="list-style-type: none"> • 2-hour seminar 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • Parent orientation/education session on lacrosse equipment, rules and safety • Recruiting tool to advance interested parents to Pre-Level 1 course
PRE-LEVEL 1	<ul style="list-style-type: none"> • 5-hour course • Minimum age: 16 years • Practical component: 40 hours • Practical assessment by Clubs 	<ul style="list-style-type: none"> • OLA House League Clinic 	<ul style="list-style-type: none"> • Recreational programs • Club House League programs • Inter-Lacrosse instruction • Paperweight programs
FIRST-YEAR LEVEL 1 COACH	<ul style="list-style-type: none"> • 12-hour course • Minimum age: 16 years • Practical component: 40 hours • Practical assessment by Clubs 	<ul style="list-style-type: none"> • NCCP Technical or Theory course (Level 1) • Completion of <i>Practical Workbook</i> for Technical 	<ul style="list-style-type: none"> • Inter-Lacrosse instruction • Club Rep. Programs (A-D skill levels) • Club league or tournament teams • Men's/Women's recreational leagues • High School field competition
SECOND-YEAR LEVEL 1 COACH	<ul style="list-style-type: none"> • 12-hour course • Minimum age: 16 years • Practical component: 40 hours • Practical assessment by Clubs 	<ul style="list-style-type: none"> • Full NCCP Level 1 • Completion of <i>Practical Workbook</i> for Technical component 	<ul style="list-style-type: none"> • Inter-Lacrosse instruction • Club Rep. Programs (A-D skill levels) • Club league or tournament teams • Men's/Women's recreational leagues • High School field competition
LEVEL 2	<ul style="list-style-type: none"> • 19-hours of NCCP Technical 2 • 19-hours of NCCP Theory 2 • Minimum age: 16 years • Practical component: 80 hours • Practical assessment by Clubs 	<ul style="list-style-type: none"> • Full NCCP Level 2 	<ul style="list-style-type: none"> • Senior "B" League • Junior "B" League • Mandatory for Ontario Summer Games participation • Provincial team (Assistant Coaches) • Player Development Camps
LEVEL 3	<ul style="list-style-type: none"> • 19-hours of NCCP Technical 3 • 28-hours of NCCP Theory 3 • Minimum age: 16 years • Practical component: 120 hours • Practical assessment by Clubs 	<ul style="list-style-type: none"> • Full NCCP Level 3 • Completion of peer evaluation for Technical component 	<ul style="list-style-type: none"> • Major League • Junior "A" League • Elite Player Development Camps • Provincial teams • National teams